



1. TITLE OF THE CERTIFICATE - ET (1)

Massöör, tase 5

⁽¹⁾ In the original language

2. TRANSLATED TITLE OF THE CERTIFICATE (1)

Masseur, EstQF Level 5

⁽¹⁾ If applicable. This translation has no legal status.

3. PROFILE OF SKILLS AND COMPETENCIES

The task of masseur is massageing the client (mainly with hands, but also with feet, cups etc) in order to restore his/her physical and mental performance and prevent health disorders, as well as contributing to strenghtening the general resistance of the organism and achieving a state of well-being. The masseur prepares the workplace, creates contact with the client, collects anamnesis and performs the massage using correct and appropriate massage techniques and follows professional ethics. He/she advises and guides clients and in case of need recommends contacting a healthcare specialist.

Competencies:

- Customer service and communicating
- Reception and sending out the client;
- Introduction of massage services and products;
- Servicing clients
- Working with documents and database
- Documentation of the work;
- Organization of personal accounting;
- Knowledge of correct professional terminology;
- Client database management.
- Conducting the massage
- Preparations for the work (costume, hair, nails, hygiene; psychological readiness etc);
- Preparation of working environment and work equipment;
- Maintenance of the workplace;
- Collecting anamnesis and evaluating the client's condition; preparing the client for massage;
- Planning of massage session;
- Performing the massage;
- Completing the massage.

4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE ⁽¹⁾

Masseur

^(*)Explanatory note

More information available at: <u>http://europass.cedefop.europa.eu/et/home</u>

This document is designed to provide additional information about the specified certificate and does not have any legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

5. OFFICIAL BASIS OF THE CERTIFICATE	
Name and status of the body awarding the certificate	Name and status of the national/regional authority providing accreditation/recognition of the certificate
The occupational certificate that has been issued by the	
professional council that operates under the activity license	Sector Skills Council approved by a Regulation of the
issued by a Awarding Body	Government of the Republic
Level of the certificate (national or international)	Grading scale / Pass requirements
Estonian Qualification Framework level 5	passed/fail
European Qualification Framework level 5	
Access to next level of education/training	International agreements
Legal basis	
Occupational Qualifications Act (RT I 2008, 24, 156; 01.09.2008)	

6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

In order to obtain a occupational certificate, the applicant has to prove all his/her competencies required by the occupational standard and by the procedure for awarding of occupational qualification established by the body awarding the occupational qualification

More information (including a description of the national qualifications system) available at: www.kutsekoda.ee