



## 1. TITLE OF THE CERTIFICATE - ET (1)

#### Kosmeetik, EKR tase 5

<sup>(1)</sup> In the original language

# 2. TRANSLATED TITLE OF THE CERTIFICATE (1)

#### Beautician, EstQF Level 5

<sup>(1)</sup> If applicable. This translation has no legal status.

## 3. PROFILE OF SKILLS AND COMPETENCIES

The job of a beautician is to improve the client's aesthetic appearance, taking into account their needs and wishes and the options available to them. The beautician is personally responsible for the end result and, where necessary, guides colleagues. Their job responsibilities include facial care, depilation, make-up and caring for the hands, feet and body.

They advise clients regarding the selection and use of appropriate beauty products and recommend products that can be used at home based on the salon treatment. The work of a beautician requires knowledge of the appropriate equipment to use when performing various procedures, a purposeful and creative attitude and good communication skills.

The beautician's job requires constant self-improvement. They are aware of trends and are able to recommend treatments based on the client's personality.

A holder of a Beautician, EstQF Level 5 occupational qualification certificate is able to fulfil the following tasks:

1 Workplace and personal preparation

- Preparing yourself for work.
- Workplace preparation.
- Ensuring there are enough products and tools.
- Keeping the workplace clean.

2 Facial care

- Consultation and treatment selection.
- Cleaning the skin.
- Analysing the facial skin.
- Skin exfoliation and steaming.
- Mechanical cleansing.
- Facial skin care.
- Massage.
- Colouring eyelashes and eyebrows.
- Shaping eyebrows.
- Special treatments.
- 3 Face and body hair removal with wax
- Assessment of skin condition.
- Hair removal.
- Providing after-care instructions.

### <sup>(\*)</sup>Explanatory note

This document is designed to provide additional information about the specified certificate and does not have any legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information available at: http://europass.cedefop.europa.eu/et/home

- 4 Customer service
- Creating a positive first impression.
- Identifying the client's wishes.
- Creating the right atmosphere.
- Behavior with clients.
- Providing an overview of the treatment.
- Advising clients.
- Recommending products.

#### 5 Entrepreneurship

- Choosing a form of business and planning activities.
- Managing a salon.
- Planning marketing and sales campaigns.
- Planning work time.

A2.6 Hand care

- 1. Preparing the client and assessing the condition of their skin.
- 2. Trimming of nails and cuticles.
- 3. Hand massage.
- 4. Exfoliation and moisturising.
- 5. Applying nail polish.

A.2.7 Foot care

- 1. Preparing the client and assessing the condition of their skin.
- 2. Trimming of nails and cuticles.
- 3. Hard skin removal.
- 4. Foot massage.
- 5. Special treatments for the feet.
- 6. Applying nail polish.

A.2.8 Body treatments.

- 1. Preparing the client and assessing the condition of their skin.
- 2. Planning the treatment.
- 3. Carrying out the treatment.
- 4. Body massage.
- A.2.9 Make-up
- 1. Assessment of skin condition.
- 2. Applying make-up.
- 3. Disinfection of tools.

# 4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE $^{(1)}$

Beautician.

(1) If applicable

| 5. OFFICIAL BASIS OF THE CERTIFICATE   |   |
|--|---|
| Name and status of the body awarding the certificate   | Name and status of the national/regional authority providing accreditation/recognition of the certificate |
| The occupational certificate that has been issued by the professional council that operates under the activity license issued by a Awarding Body | Occupational Qualification Council approved by a Regulation of the Government of the Republic             |
| Level of the certificate (national or international)   | Grading scale / Pass requirements   |
| Estonian Qualification Framework level 5<br>European Qualification Framework level 5   | passed/fail   |

Legal basis

Occupational Qualifications Act (RT I 2008, 24, 156; 01.09.2008)

## 6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

In order to obtain a occupational certificate, the applicant has to prove all his/her competencies required by the occupational standard and by the procedure for awarding of occupational qualification established by the body awarding the occupational qualification

**More information** (including a description of the national qualifications system) available at: <a href="http://www.kutsekoda.ee">www.kutsekoda.ee</a>